

## Warning Signs for Teens You May Be In A Violent Relationship

He tells you he can't live without you.

Your girlfriend blames you for her problem.

Your boyfriend breaks or hits things to intimidate you.

Your weight, appearance, or grades have changed dramatically since you started seeing this person.

He threatens to hurt himself or others if you break up with him.

The person you are dating acts jealously, says jealous things, or exhibits aggressive behaviors towards you.

You feel pressured into having sex, or he forces you to do sexual things you don't want to do by saying, "If you really loved me you would...."

She humiliates you and belittles your opinions.

The person you are dating, seemingly playful ways of slapping or shoving happen often and do not seem right.

He is jealous and possessive about the time you spend with your friends.

She is constantly checking up on you, wanting to know where you are and what you are doing.

The person you date has unnecessary severe mood swings or constant bad moods.

Your school activities are being limited, so you can "be together more."

You are afraid and worry about how he will react to things you do or say.

He refuses to take "no" for an answer.

They do not accept any responsibility on past relationships, blaming everything or everyone else.

They abuse drugs or alcohol and pressure you to do them too even when you do not want too.

He believes men should be in control and women should do what they are told.

You are treated like property rather than a person with value.

She calls you names, kicks, hits, and pushes you when she gets angry.

He is abusive or aggressive towards inanimate objects and animals.

You must choose between spending time with the person you are dating or your family and friends.

She makes you feel like her needs and desires come before yours.

You are afraid to express your own thoughts or feelings, make decisions about how to spend your money, what to wear, where to go, or who to hang out with.

She lashes out or blames you for her bad day.

Your friends and family have expressed concerns about your safety and have warned you about this person.

He has a history of violence and fighting and may use or own weapons.

Disagreements are blown out of proportion.

The person you are with tells you they dislike your parents or friends.

He has hit, pushed, choked, restrained, kicked, or physically hurt you.

You are constantly being accused of planning to break up with her or she threatens to break up with you.

He is disrespectful to his mother.

The person you are with loses their temper with you, verbally assaults you, threaten you, or brags about mistreating others.

You must be available to them at all times.

The person you are dating treats their parents badly.

His threats and anger are followed by vows of love and pleas for forgiveness.